



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2014

### Sporting Excellence in Karate

### National Level

## Leonie Longden

This is to certify that Leonie Longden has achieved the standard of Sporting Excellence in Competition Sport Karate. Leonie competed at National Championships throughout England in 2014 winning the medals and titles listed below:-

### Championship Success - 1 Bronze

**Wado UK Championships** - 7<sup>th</sup> September, Hull

Bronze - Team Kumite

Congratulations on your sporting achievements throughout 2014. Well done Leonie.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy

